

1

Answer the following questions in your own words.

1. Name the world's largest coffee producers. _____

2. Who are the world's largest coffee consumers? _____

3. Where does coffee robusta grow ? Why has it become more popular ? _____

4. Where do coffee trees grow best? _____

5. How does the colour of coffee beans change? _____

6. How long does it take a coffee tree to produce a full harvest? _____
7. What happens after coffee berries are picked? _____

8. Why are the beans roasted? _____

9. What is ground coffee? _____
10. How is coffee brewed? _____

11. Where did coffee originally come from? _____
12. Who brought coffee to Europe? _____
13. How is espresso made? _____

14. What is Turkish coffee? _____

15. Which coffee drinks contain a lot of milk? _____

2**Multiple Choice Task****Choose the correct answer for each question**

1. Before coffee is brewed it has to be
 - a. flavoured.
 - b. cooled.
 - c. decaffeinated.
 - d. ground.
2. After berries are handpicked
 - a. they are put into bags.
 - b. the beans are roasted.
 - c. they are separated from leaves and waste.
 - d. they are shipped to other countries.
3. The world's largest coffee producer is
 - a. Brazil.
 - b. Ethiopia.
 - c. Vietnam.
 - d. Columbia.
4. Robusta coffee has become more important because
 - a. it has larger beans.
 - b. it can also grow in tropical regions.
 - c. it can fight off diseases better.
 - d. it can grow at very high altitudes.
5. Cappuccino consists of
 - a. espresso, water and milk.
 - b. espresso, milk and foam.
 - c. espresso and cocoa.
 - d. espresso, cocoa and milk.
6. Coffee was brought to Europe by
 - a. Arabian Bedouins.
 - b. Spanish explorers.
 - c. Italian travelers.
 - d. the Turks.
7. The coffee plant was first grown in
 - a. China.
 - b. East Africa.
 - c. Southeast Asia.
 - d. South America.
8. In espresso machines
 - a. hot water is pressed through ground coffee.
 - b. water flows through coffee beans.
 - c. hot water is poured over a filter bag.
 - d. water is dissolved in instant coffee.

3

Match the words on the left with the definitions on the right.

A	blossom			height above sea level
B	fragrance			to press something so that it breaks into many small pieces
C	altitude			high, flat areas
D	resist			place where something is going to
E	berry			to come from a certain place
F	crush			when a tree or plant produces flowers
G	filter			to make something look prettier
H	moist			a small hard object of a fruit or plant
I	roast			nice smell
J	waste			bush
K	decorate			wet
L	highlands			to become fully grown or ripe
M	foam			material that only lets liquids through
N	shrub			when liquid turns into masses of bubbles
O	blend			to defend against
P	destination			something that has been used and is not needed anymore
Q	mature			place where new plants and trees are grown
R	nursery bed			to heat quickly so that you give something a certain taste
S	seed			to mix many different types to get a certain taste
T	originate			small fruit or seed of a plant

COFFEE – EXERCISES

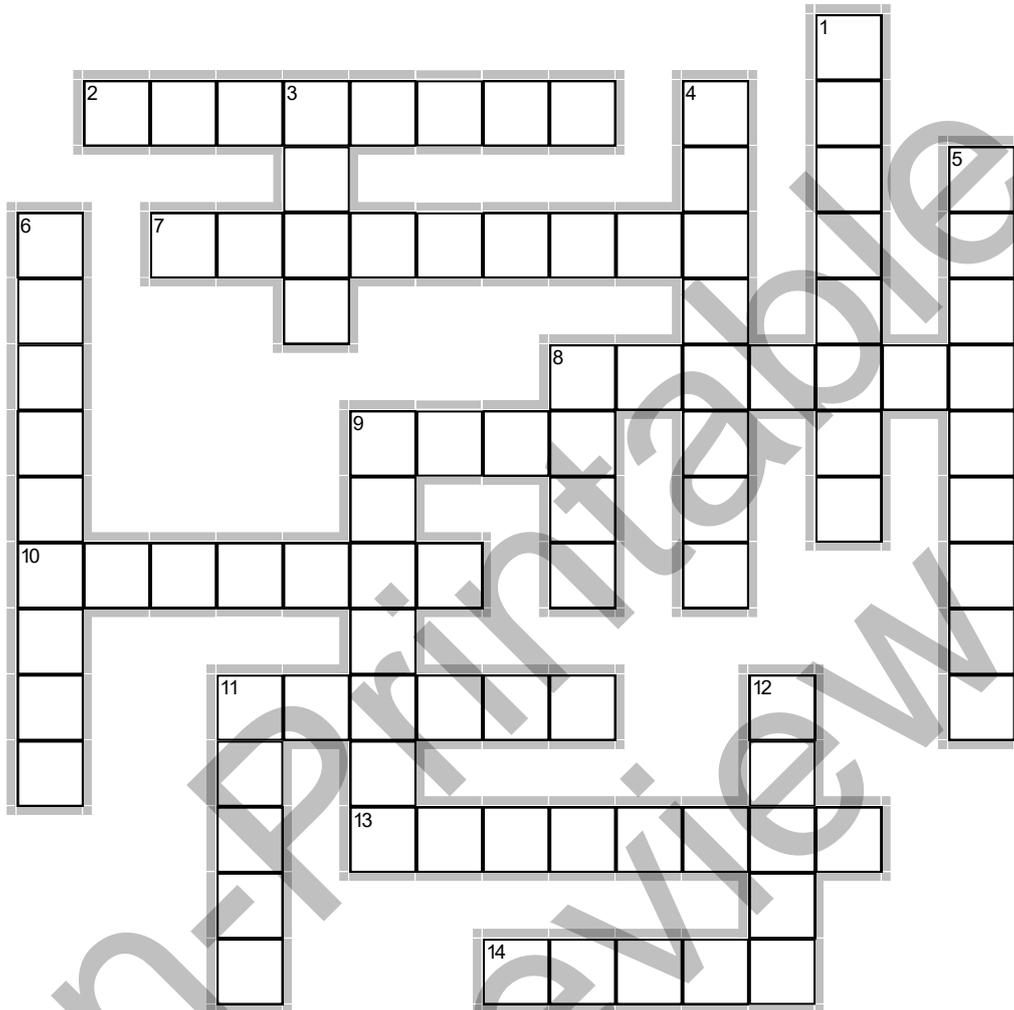
4

TRUE or FALSE?

Mark the statements TRUE or FALSE. If the statement is FALSE write a correct statement into the box. The first TWO have been done for you.

		T	F	Correct Statement
1	About a third of the world's coffee production comes from Brazil.	✓		
2	The coffee tree originally comes from southeast Asia.		✓	The coffee shrub originated in Ethiopia.
3	Indonesia and Columbia are other important coffee-producing countries.			
4	Arabica is a resistant type that grows throughout South America.			
5	Coffee mostly grows in regions that are near sea level.			
6	Coffee seeds are grown in nursery beds from where they are planted into special fields.			
7	Berries change colour as they become ripe.			
8	Most coffee is harvested with machines.			
9	When coffee beans are harvested, they are immediately roasted.			
10	Coffee beans must be crushed before coffee can be brewed.			
11	The most popular type of coffee is the espresso.			
12	Instant coffee is made with the use of a special machine.			
13	Café Mocha is a cappuccino with a little chocolate added.			
14	Turkish coffee contains little coffee and lots of milk.			
15	The Turks brought coffee to Europe.			

Crossword



Across

2. substance that coffee contains
7. world famous chain of coffee shops
8. when trees or plants produce flowers they ____
9. to make a liquid flow out of a bottle or other container
10. type of coffee that is produced in the central regions of South and Central America
11. world's largest coffee-producing country
13. country from which the coffee plant originally came
14. to heat quickly so that you give coffee a certain taste

Down

1. the most popular coffee drink
3. when liquid turns into a mass of bubbles it creates ____
4. melt or break up
5. to make something more energetic and active
6. nice smell
8. mix coffee with hot water so that you can drink it
9. put into boxes or bags in order to transport
11. small fruit of a plant
12. wet

6

Complete the facts about coffee by filling in the correct words from the list. There are more words than you will need.

arabica - berry - Brazil - brew - caffeine - cappuccino - Columbia - decaffeinated - espresso - Ethiopia - foam - frappe - ground - harvest - instant - Italians - roasted - Starbucks - Turks

1. The coffee shrub originally comes from _____ but spread quickly to other parts of the world.
2. _____ is the largest coffee producer in the world.
3. There are two basic types of coffee, _____ and robusta.
4. _____ is a cold espresso that you can drink in summer.
5. Before coffee beans can be used they need to be _____ or heated to give them a good flavor.
6. Some beans are crushed to _____ coffee and then packaged.
7. Coffee contains _____, which makes you alert and stimulates parts of your body.
8. When you _____ coffee, you pour water over ground coffee beans.
9. An _____ is a small cup of strong black coffee.
10. _____ coffee dissolves at once, and you do not need a coffee machine.
11. In the 16th century, the _____ brought coffee to Central Europe.
12. The largest coffee shop chain in the world is _____, with over 20,000 stores.
13. In some European countries, coffee is mixed with milk and foam to make a _____.

7

Complete the text by filling in the correct word or phrase for each blank.

A coffee plant is a tree or a bush which has white **(1)** _____. Originally from **(2)** _____, the plant spread to many other parts of the world, including South America, where **(3)** _____ and Columbia are the main producers. Here, coffee arabica is mostly grown at heights between 1000 and 2500 meters above **(4)** _____ level. Coffee robusta is dominant in Africa, where it can grow at lower **(5)** _____. A coffee tree produces yellowish berries that later on become **(6)** _____.

A fully-grown coffee tree can produce up to a **(7)** _____ of coffee. Afterwards, the beans are put into bags and shipped to other countries where they are **(8)** _____. There they are mixed into different kinds of **(9)** _____ or tastes. Coffee must be ground before it is **(10)** _____. There are many techniques for making coffee. Sometimes simple coffee machines use a **(11)** _____, espresso machines make coffee by forcing hot water through a pad of **(12)** _____ coffee. Some people buy instant coffee, which they dissolve in hot water.

Coffee contains caffeine, which **(13)** _____ your body. Even though coffee is not a dangerous drink, small children and people with **(14)** _____ problems should not drink too much of it. In decaffeinated coffee, caffeine is **(15)** _____ in a chemical process.

Coffee came to Europe in the 16th and 17th centuries, when the **(16)** _____ invaded the continent. A short time later, coffee was brought to America. European countries are the world's largest **(17)** _____ of coffee today.

1	leaves	blossoms	seeds	fruits
2	Ethiopia	South Africa	Ghana	Turkey
3	Chile	Argentina	Uruguay	Brazil
4	ground	sea	coast	ocean
5	peaks	plains	altitudes	summits
6	green	red	orange	white
7	pound	kilogram	ton	ounce
8	crushed	melted	ground	roasted
9	colours	smells	blends	types
10	brewed	cooked	heated	boiled
11	filter	cup	bag	container
12	brewed	ground	crushed	instant
13	motivates	weakens	encourages	stimulates
14	heart	brain	cancer	lung
15	achieved	extracted	purified	added
16	Arabs	Turks	Indians	Africans
17	producers	makers	consumers	exporters

8

Complete the text by choosing the correct sentence parts for each blank. There are TWO parts you will not need.

You are drinking lots of cola at a party, when it suddenly hits. You are full of energy, you jump around, and you talk too fast. Later you can't fall asleep and the next day **(1)** _____. Does that sound familiar?

Most children already have a lot of energy, but kids **(2)** _____ end up even more wired than usual. The drink includes a lot of sugar but also a chemical that produces a lot of energy - caffeine.

Like cola, coffee is full of caffeine. That's why many adults drink it the first thing in the morning to help them wake up. The chemical is naturally found in tea, chocolate and hot cocoa. **(3)** _____, food producers often add it to many other beverages, energy drinks and snacks. But is caffeine good or bad for us?

Some studies have shown that caffeine might help people respond to things more quickly.

Scientists have found out that caffeinated coffee and tea **(4)** _____ your heart, brain and other organs from disease.

On the other hand, too much caffeine can make people anxious and unable to sleep. This is worrisome because we need sleep to stay healthy. Caffeine may also raise your blood pressure, increase your heart rate **(5)** _____.

Love it or hate it, caffeine is hard to avoid. Coffee shops are all over the place, in city streets and malls. Machines offer coffee and cola at schools. **(6)** _____ caffeine-free coffee, tea and cola almost everywhere, more than 80 % of adults in America consume caffeine regularly.

Caffeine raises the amount of sugar in your bloodstream, even if there is no sugar in your caffeinated drink. That's what gives you extra energy.

Taking caffeine away from regular users **(7)** _____, like headaches and sleepiness. It also makes them react more slowly. So when you give these people the caffeine that they need, they do better and react more quickly.

Many athletes take caffeine to boost their energy. Studies show however that caffeine only helps those athletes **(8)** _____. In an experiment runners had to run at a very fast pace. On average they were able to run for about 32 minutes. After taking caffeine they ran 7 to 10 minutes longer.

Although caffeine may be good for world-class athletes, it may harm the health of people who are overweight. In some people, **(9)** _____ diabetes.

In the end a cup of coffee or a can of cola once in a while is okay, but don't overdo it !

A	can help protect
B	causes withdrawal symptoms
C	it may even lead to
D	Because many people need this kick
E	While consumers need coffee
F	and make you feel more stressed
G	you're tired and feel awful
H	who are in good condition already
I	Even though you can get
J	may cause sleeping problems
K	who drink a lot of cola