

## FIRST AID – WORD LIST

- **absorb** = take in
- **accident** = a situation in which a person is hurt
- **affect** = influence, change
- **airway** = the passage in your throat that you breathe through
- **ambulance** = special car that takes a person to a hospital
- **appear** = seem, look as if
- **artery** = one of the passages that carries blood from your heart to the rest of your body
- **artificial respiration** = the way of making someone breathe again by blowing air into their mouth
- **bandage** = a narrow piece of cloth that you tie around a wound
- **bare** = naked
- **blanket** = thick cover for something
- **bleed** = if blood comes out of your body
- **blister** = a swelling of your skin that has liquid in it
- **bone** = a hard part of your body
- **brain** = the organ inside your head that controls how you move, think, or feel
- **brain damage** = damage to your brain that is caused by an accident or another illness
- **breath** = the air that you send out of your lungs when you breathe
- **breathe** = to take air into your lungs and send it out again
- **calm** = quiet, still
- **carbon monoxide** = a poisonous gas that is produced when you burn something
- **case** = situation
- **cause** = lead to
- **chemical substance** = chemical material
- **chest** = the front of your body between your neck and your stomach
- **chlorine gas** = a greenish yellow gas that has a strong smell
- **choke** = if you cannot breathe because there is something in your throat and you cannot get enough air
- **circulate** = to travel around
- **clot** = to make thicker
- **cloth** = material that is used for making clothes
- **confused** = mixed up
- **damage** = the harm that you do to your body
- **degree** = the level of something
- **depend on** = to be affected or decided by something
- **destroy** = damage
- **dial** = call, phone
- **difficulty** = trouble, problem
- **efficient** = here: best
- **either** = whichever
- **especially** = above all, more than the rest
- **fatal** = deadly
- **fire department** = organization that works to prevent fires and stop them burning
- **flashlight** = a small electric light that you carry
- **flow** = here: the steady running of a liquid
- **flu-like symptoms** = the signs that your body shows you when you have a cold or a flu
- **flush** = wash out
- **gently** = quietly, smoothly
- **germ** = a very small living thing that can make you ill
- **glove** = something that you wear on your hand to protect it or to keep it warm
- **greasy** = oily
- **handkerchief** = a piece of cloth that you use for drying your nose or eyes
- **harm** = damage
- **heat** = warmth, very high temperature
- **immediate** = at once, right now
- **inhale** = breathe something in
- **inject** = to put a liquid into a someone's body with a needle
- **injured** = hurt
- **insect sting** = if an insect makes a very small hole in your skin
- **instruction** = information that tells you what to do
- **internal injury** = injuries inside your body
- **kit** = a box that has special things in it which you need
- **kneel** = go down on your knees
- **leg** = the long part of your body that your feet are connected to

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- **liquid** =fluid, watery material
- **located** = to be found
- **lotion** = cream, oil, gel
- **lukewarm** = not too hot and not too cold
- **mouth-to-mouth resuscitation** = a method used to make someone start breathing again by blowing air into their mouth
- **necessary** =needed, basic
- **numb** = frozen, without any feeling
- **oxygen** = a gas that has no color or smell; it is in the air, and we need it to breathe
- **pale** = colorless
- **place** = put
- **poison** = something that can lead to death or serious illness if you eat or drink it
- **poison control center** = organization that gives you information on different types of poison and what to do
- **press** = push down
- **pressure** =force, weight
- **procedure** = process
- **properly** = correctly, as it should be
- **raise** = lift, move up
- **rash** = a lot of red spots on your skin caused by an illness
- **reddening** = to become red
- **remain** = stay
- **remove** = take away
- **rise** = to go up
- **rule** =instruction, advice
- **run** = here: flow
- **safety pin** = a metal pin that keeps things together
- **scissors** = a tool for cutting paper, cloth, and other materials
- **serious** = very important
- **shade** = out of sunlight
- **skin layers** =the parts of your skin
- **spinal** = everything that has to do with your spine
- **spine** = the row of bones down the center of your back that keeps your body upright
- **sterile bandage** =a completely clean piece of cloth that you put around a part of the body that is injured
- **stinger** = the needle-shaped part of an insect's body, with which it stings you
- **substance** = material
- **suffer** =to feel pain
- **supplies** =here: the necessary things you need at home
- **swallow** = to make something go down your throat and into your stomach
- **thaw** = melt
- **thirsty** = if you want to drink something
- **throat** =the passage that leads from your mouth to your lungs and stomach
- **tick** = a very small animal like an insect that lives under the skin of other animals and sucks their blood
- **tissue** = the material that forms animal or plant cells
- **toe** = one of the five moveable parts at the end of your foot
- **touch** =to put your hand or finger on something
- **towel** = piece of cloth that you use for drying your skin
- **treat** = take care of, heal
- **treatment** =something that is done to cure or heal someone or make them healthy again
- **unconscious** = you are not able to see, move or feel anything
- **unless** = if not
- **victim** = someone who suffers because of an illness or disease
- **weak** = tired, shaky
- **within** = inside
- **wound** = injury