

THE SHERPA PEOPLE - WORDLIST

- **adapt** = to get used to a new situation
- **admire** = to respect someone because they have special talents
- **altitude** = the height of an object above sea level
- **ancestor** = a member your family who lived long ago
- **business** = company
- **century** = a period of a hundred years
- **conquer** = here: to climb a difficult mountain
- **custom** = tradition
- **decade** = a period of ten years
- **even though** = while
- **expedition** = a journey or trip to a dangerous place; it must be carefully organized
- **foundation** = organization that collects money for someone
- **goods** = products
- **guide** = a person who shows you or leads you to places
- **heath care** = a government organization that looks after all the people of a country
- **height** = how tall something is
- **improve** = to make better
- **income** = the money that you get when you work
- **lodge** = a house or hotel in which people who go on expeditions or safaris can stay
- **mountaineer** = mountain climber
- **oxygen** = a gas that is in the air and that we need to breathe
- **physical** = about the body
- **rely** = depend on
- **remote** = far away
- **source** = place where something comes from
- **strength** = power
- **trade** = to exchange, buy and sell
- **valley** = low land between two mountains, usually with a river flowing through it
- **vehicle** = a machine with an engine that takes people from one place to another
- **view** = see
- **waterpower plants** = buildings that make electricity out of waterpower
- **worship** = pray or say religious words to God
- **yak** = an animal in Central Asia that looks like a cow with long hair